



Digestive Specialists, Inc.
Digestive Endoscopy Center, LLC
www.digestivespecialists.com

PM EGD Prep Instructions

You may need special instructions. Please let us know if you:

- Are taking **Coumadin, Plavix** or any other blood thinner, we may give you instructions to hold.
- Have had a **Heart Attack or Stroke** in the past six months or have an Artificial **Heart Valve** or **Heart Defibrillator**.
- May be **Pregnant**.
- Are **Diabetic and on an injectable medication, Insulin or Trulicity**.
- Are taking **any weight loss medications (GLP-1's)**, such as Ozempic, Mounjaro, Adipex, Zepbound, etc - These **MUST** be stopped 7 days prior to procedure.

Date _____ Time of Arrival _____

- ☐ **Sugarcreek Twp.** 4340 Clio Road
- ☐ **Huber Heights** 5697 Shull Road
- ☐ **Springboro** 77 W. Eleanor Drive
- ☐ **Miami Valley Hospital South** 2400 Miami Valley Dr., Centerville, 45459
- ☐ **Kettering Medical Center** 3535 Southern Boulevard, Kettering, 45429

You are scheduled with Dr. _____. The Medical Assistant, _____
may be reached at _____. After 5:00 PM or on weekends, call (937) 534-7330
to page your doctor.

***Bring a licensed driver. You will not be allowed to
drive home. You may not take a cab alone.***

*****IF ANY of these instructions are not followed, your
procedure may be canceled!***

Prep Instructions -

Please read line by line to ensure successful preparation.

- Do not eat anything after **midnight**, but you may have clear liquids until _____ AM / PM (6 hours before your arrival time).
- Do not have anything to drink, chew gum or eat hard candy 6 hours prior to your arrival time.
- No smoking on the day of your procedure. NO smoking/ ingesting/ vaping marijuana 24 hours prior to procedure.
- Take heart, blood pressure or seizure medications with a small sip of water up to 2 hours before your procedure.

Clear Liquids Diet

- **Gatorade is preferred**
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - **No cream**
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**