



Digestive Specialists, Inc.

www.digestivespecialists.com

Esophageal Motility Study Prep Instructions

Date _____

Time of Arrival _____

Location 4340 Clyo Road Suite 200 • Dayton, OH 45459
Office is located on the Second Floor

The Medical Assistant, _____ may be reached at _____ if you have any questions or concerns about the study. After 5:00 PM or weekends, call (937) 534-7330 to page your doctor.

Special Instructions:

- **DO NOT EAT OR DRINK 6 HOURS PRIOR TO THE STUDY**
- Take **Heart, blood pressure, or seizure medications** with a small amount of water up to 2 hours before your study.
- If you are taking any medications that increase digestive motility such as Reglan, please stop taking this medication 24 hours prior to the study.
- If you use an inhaler, please bring it with you on the day of the test.
- **If you have any nose piercings, they will need to be removed prior to study.**

Please Let Us Know If You:

- Have had a Bravo 48 hour pH study within the last 2 weeks
- Have ever had an esophageal stricture
- Had a broken nose or deviated septum
- Have an allergy to Novacaine, Lidocaine or any other "caine" drugs
- Have an allergy to latex, alcohol or tape

General Information:

- Wear comfortable clothing
- The procedure will last about 20 minutes
- Do not apply lotions or oils to the nose the day of the test.
- A driver is not required for this test, you may drive yourself
- You may resume normal activities after the test is completed, including eating.