



**Digestive Specialists, Inc.**  
**Digestive Endoscopy Center, LLC**  
www.digestivespecialists.com

## AM EGD Prep Instructions

You may need special instructions. Please let us know if you:

- Are taking **Coumadin, Plavix**, or any other blood thinner, we may give you instructions to hold.
- **Have had a Heart Attack or Stroke** in the past six months or have an **Artificial Heart Valve** or **Defibrillator**.
- May be **Pregnant**.
- Are **Diabetic and on an injectable medication, Insulin or Trulicity**.
- Are taking **any weight loss medications (GLP-1's)**, such as Ozempic, Mounjaro, Adipex, Zepbound, etc. - These **MUST** be stopped 7 days prior to procedure.

Date \_\_\_\_\_ Time of Arrival \_\_\_\_\_

- ☐ **Sugarcreek Twp.** 4340 Clyo Road
- ☐ **Huber Heights** 5697 Shull Road
- ☐ **Springboro** 77 W. Eleanor Drive
- ☐ **Miami Valley Hospital South** 2400 Miami Valley Dr., Centerville, 45459
- ☐ **Kettering Medical Center** 3535 Southern Boulevard, Kettering, 45429

You are scheduled with Dr. \_\_\_\_\_. The Medical Assistant, \_\_\_\_\_  
may be reached at \_\_\_\_\_. After 5:00 PM or on weekends, call (937) 660-7776  
to page your doctor.

***Bring a licensed driver. You will not be allowed to drive home.***  
***You may not take a cab alone.***

**\*\*IF ANY of these instructions are not followed, your  
procedure may be canceled!**

### Prep Instructions -

*Please read line by line to ensure a successful preparation.*

- Nothing to eat after **7:00 pm**, but you may have clear liquids from **7:00 PM** until **midnight**.
- **You may not have anything to drink after midnight. Do not chew gum or eat hard candy.**
- **NO smoking/ ingesting/ vaping marijuana 24 hours prior to procedure**
- Take heart, blood pressure or seizure medications with a small amount of water up to 2 hours before your procedure.

#### Clear Liquids Diet

- **Gatorade is preferred.**
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - **No cream**
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**