



CapsoCam Plus Capsule Endoscopy Pre and Post Instructions

Please read these instructions thoroughly to ensure successful preparation for your procedure.

Please let your doctor know if you:

- Ever had a **Small Bowel Blockage**
- Any **Difficulty Swallowing**
- Have a **Slow Emptying** stomach.

Capsule Prep

- 1- bottle of 153 grams of MiraLax
- 1- bottle of ½ fl oz of Mylicon drops for infants
(over the counter)

Date _____ **Time of Arrival** _____

Sugarcreek Twp 4340 Clyo Road, Suite 200
 Huber Heights 5697 Shull Road
 Springboro 77 W. Eleanor Drive

If you have questions, call the Medical Assistant, _____ at _____. After 5:00 PM or on weekends, call (937) 660-7776 to page your doctor.

Prep Instructions - Please read line by line to ensure successful preparation.

- **No iron supplements four days prior to the capsule endoscopy.**

****If you are Diabetic, additional instructions will be given to you by your MA.**

Day Before Procedure - Date: _____

Take your morning prescriptions as you normally would.

- You may have a normal breakfast and light lunch. Then begin a clear liquid diet for the remainder of the day/night before the procedure. **(Nothing red or purple to drink)**
No solid food after 1:00 PM.
- At 7:00 pm mix 7 capfuls (119 grams) of MiraLax with 32 oz of water or any non-red electrolyte replacement drink and drink all contents.
- At 9:30 pm take 0.6 ml of Mylicon drops mixed well with 8 oz water. This will reduce the bubbles in the GI tract.

Nothing to drink after 10:00 pm.

Small sips of water with night time medications are allowed.

Clear Liquids Diet

- *Gatorade is preferred.*
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth, or bouillon
- Water
- Tea or coffee - **No cream**
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**

Day of Procedure – Date: _____

- *If you are on diabetic medications, do not take any insulin or diabetic oral medication the morning of your procedure.* Continue to monitor your blood sugar before your procedure and you may use hard candy or glucose tablets to keep your blood sugar under control.
- At _____ Two (2) hours before your scheduled arrival time, mix 1 capful (17 grams) of MiraLax with a full glass of water or non-red electrolyte replacement drink.
- Arrive at our office at _____ AM/PM.
- Swallow CapsoCam Plus capsule with 0.6 ml of Myliron drops in 8 oz of water.
- Capsule was ingested at _____.

Post Capsule instructions:

- Hold medications until _____ Two (2) hours after swallowing capsule unless your doctor deems it necessary, then take small sips of water with medications.
- Resume clear liquids at _____ AM/PM Two (2) hours after swallowing the capsule.
- At _____ Four (4) hours after swallowing the capsule, mix 1 capful (17 grams) of MiraLax with full glass of water or non-red electrolyte replacement drink, drink all the contents.
- After drinking your last dose of MiraLax, you can enjoy a light lunch. *You may continue the diabetic medication after 4 hours when eating your light meal.*
- Eat normally thereafter. No further diet restrictions are necessary.

General Information

- For best results, strictly follow the instructions. The capsule will typically take 3 – 30 hours to pass. If you haven't passed the capsule 72 hours after the capsule ingestion, contact your physician.
- To watch the retrieval video instructions, visit

<https://capsoviation.com/patient-resources/what-to-expect-with-capsocam/>



- To avoid repeating this study, please adhere to your retrieval instructions until capsule is retrieved. Continue to use the retrieval pan provided until the capsule is retrieved.
- Place the capsule inside the capsule container. Ensure the container lid is closed, put the container into the zip bag and seal it. Place the zip bag with the capsule container inside in the envelope, seal and drop off at any FedEx location, drop box or any Walgreen's is also a FedEx drop off place.
 - It takes approximately 1-2 weeks for the results of the test.