



Digestive Specialists, Inc.
Digestive Endoscopy Center, LLC
 www.digestivespecialists.com

AM EGD

Prep Instructions

You may need special instructions. Please let us know if you:

- Are taking **Coumadin, Plavix**, or any other blood thinner.
- Are **Diabetic and on an injectable medication, Insulin or Trulicity**.
- Are taking any weight loss medications, such as **Ozempic, Adipex, etc.**
- Have had a **Heart Attack or Stroke** in the past six months or have an **Artificial Heart Valve or Defibrillator**
- May be **Pregnant**.

Date _____ Time of Arrival _____

- Sugarcreek Twp.** 4340 Cloy Road
- Dayton** 1530 Needmore Road, Suite 100
- Huber Heights** 5697 Shull Road
- Springboro** 77 W. Eleanor Drive
- Miami Valley Hospital** One Wyoming Street, Dayton, 45409
- Kettering Medical Center** 3535 Southern Boulevard, Kettering, 45429

You are scheduled with Dr. _____. The Medical Assistant, _____ may be reached at _____. After 5:00 PM or on weekends, call (937) 660-7776 to page your doctor.

Bring a licensed driver. You will not be allowed to drive home.
You may not take a cab alone.

Prep Instructions -

Please read line by line to ensure a successful preparation.

- Nothing to eat after **7:00 pm**, but you may have clear liquids from **7:00 PM** until **midnight**.
- You may not have anything to drink after midnight. Do not chew gum or eat hard candy.
- **NO smoking/ ingesting/ vaping marijuana 24 hours prior to procedure**
- Take heart, blood pressure or seizure medications with a small amount of water up to 2 hours before your procedure.

Clear Liquids Diet

- **Gatorade is preferred.**
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - **No cream**
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**