



**Digestive Specialists, Inc.**

www.digestivespecialists.com

## Esophageal Motility Study Prep Instructions

**Date** \_\_\_\_\_

**Time of Arrival** \_\_\_\_\_

**Location** 4340 Clyo Road Suite 200 • Dayton, OH 45459  
*Office is located on the Second Floor*

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The Medical Assistant, \_\_\_\_\_ may be reached at \_\_\_\_\_ if you have any questions or concerns about the study. After 5:00 PM or on weekends, call (937)534-7330 to page your doctor.

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### Special Instructions:

- **DO NOT EAT OR DRINK 6 HOURS PRIOR TO THE STUDY**
- Take **Heart, blood pressure, or seizure medications** with a small amount of water up to 2 hours before your study
- If you are taking any medications that increase digestive motility such as Reglan, please stop taking this medication 24 hours prior to the study.
- If you use an inhaler, please bring it with you on the day of the test.

### Please Let Us Know If You:

- Have had a Bravo 48 hour pH study within the last 2 weeks
- Have ever had an esophageal stricture
- Had a broken nose or deviated septum
- Have an allergy to Novacaine, Lidocaine or any other "caine" drugs
- Have an allergy to latex, alcohol or tape

### General Information:

- Wear comfortable clothing
- The procedure will last about 20 minutes
- Do not apply lotions or oils to the nose the day of the test.
- A driver is not required for this test, you may drive yourself
- You may resume normal activities after the test is completed, including eating.