



**Digestive Specialists, Inc.**  
**Digestive Endoscopy Center, LLC**  
 www.digestivespecialists.com

## PM EGD Prep Instructions

You may need special instructions. Please let us know if you:

- Are taking **Coumadin, Plavix** or any other blood thinner
- Are **Diabetic and on an injectable medication, Insulin or Trulicity.**
- Are taking **any weight loss medications**, such as Ozempic, Adipex, etc
- Have had a **Heart Attack or Stroke** in the past six months or have an Artificial **Heart Valve** or **Heart Defibrillator.**
- May be **Pregnant**

Date \_\_\_\_\_ Time of Arrival \_\_\_\_\_

- Sugarcreek Twp.**      4340 Clys Road
- Dayton**              1530 Needmore Road, Suite 100
- Huber Heights**      5697 Shull Road
- Springboro**         77 W. Eleanor Drive

You are scheduled with Dr. \_\_\_\_\_. The Medical Assistant, \_\_\_\_\_ may be reached at \_\_\_\_\_. After 5:00 PM or on weekends, call (937) 534-7330 to page your doctor.

***Bring a licensed driver. You will not be allowed to drive home. You may not take a cab alone.***

### Prep Instructions -

*Please read line by line to ensure a successful preparation.*

- Do not eat anything after **midnight**, but you may have clear liquids until \_\_\_\_\_ AM / PM (6 hours before your arrival time).
- Do not have anything to drink, chew gum or eat hard candy 6 hours prior to your arrival time.
- No smoking on the day of your procedure. NO smoking/ ingesting/ vaping marijuana 24 hours prior to procedure.
- Take heart, blood pressure or seizure medications with a small sip of water up to 2 hours before your procedure.

**Clear Liquids Diet**

- **Gatorade is preferred**
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - **No cream**
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**