

Express Scheduling



Digestive Specialists, Inc.

No time for an office visit?

Express Scheduling allows you to submit pre-procedure consultation information electronically

- Work through the information when it fits your schedule
- Eliminate travel time



Safety Info

- For your safety, all steps need to be completed
- The whole process will take about 15 minutes



Reminder

- At any time, if you find you do not meet the criteria for *Express Scheduling* please call **(937) 534-7330** to set up a pre-procedure consultation



5 Easy Steps

1. Answer 5 Health Questions
2. Watch the Video
3. Colon Cancer Education
4. Prep Instructions
5. Schedule your Procedure



Step 1: 5 Health Questions

1. Are you 80 years of age or older?
 2. Are you currently taking Coumadin, Plavix or other blood thinners?
 3. Do you experience unresolved chest pain?
 4. Are you currently on dialysis?
 5. Do you use a defibrillator?
- If you answered *no* to all of these questions, please proceed.
 - If you answered *yes* to any of these, you must see a doctor. please call (937) 534-7330 to schedule a consultation



Step 2: Colon Cancer Video

- Watch the video that explains your procedure
- It is located in the upper right hand corner on our website
- Leave this window open so you can return after the video is completed



Step 3: Colon Cancer Education

Test Your Knowledge About Colorectal Cancer Screening:

- If you think the answer is true or mostly true, answer *true*
- If you think the answer is false or mostly false, answer *false*
- There are 5 questions



Step 3: Colon Cancer Education

1. Colorectal cancer is predominantly a “man’s disease,” affecting many more men than women annually.



Step 3: Colon Cancer Education

1. Colorectal cancer is predominantly a “man’s disease,” affecting many more men than women annually.

False - Colorectal cancer affects an equal number of men and women.

According to the American Society for Gastrointestinal Endoscopy, many women think of colorectal cancer as a disease affecting only men and may be unaware of important information about screening and preventing colorectal cancer that could save their lives.



Step 3: Colon Cancer Education

2. Only people over the age of 50 who are currently experiencing some symptoms or problems should be screened for colorectal cancer or polyps.



Step 3: Colon Cancer Education

2. Only people over the age of 50 who are currently experiencing some symptoms or problems should be screened for colorectal cancer or polyps.

False - Beginning at age 50, all men and women should be screened for colorectal cancer *even if they are experiencing no problems or symptoms.*



Step 3: Colon Cancer Education

3. A colonoscopy screening exam typically requires an overnight stay in a hospital.



Step 3: Colon Cancer Education

3. A colonoscopy screening exam typically requires an overnight stay in a hospital.

False - A colonoscopy is almost always done on an outpatient basis.

A mild sedative is usually given before the procedure and then a flexible, slender tube is inserted into the rectum to look inside the colon. The test is safe and the procedure itself typically takes less than 30 minutes.



Step 3: Colon Cancer Education

4. Colorectal cancer is the second leading cause of cancer death in both men and women in the United States.



Step 3: Colon Cancer Education

4. Colorectal cancer is the second leading cause of cancer death in both men and women in the United States.

True - After lung cancer, colorectal cancer is the second leading cause of cancer deaths in men and women in the United States.

Annually, approximately 130,000 new cases of colorectal cancer are diagnosed in the United States and 56,000 people die from the disease. It has been estimated that increased awareness and screening could save 30,000 lives each year.



Step 3: Colon Cancer Education

5. Colon cancer is often preventable.



Step 3: Colon Cancer Education

5. Colon cancer is often preventable.

True - Colorectal cancer is highly preventable. Screening tests such as a colonoscopy may detect polyps (*small, grape-like growths on the lining of the colon*). Removal of these polyps can prevent colorectal cancer from developing.



Step 4: Prep Instructions

1. On the website click:
 - Click Services & Preps
 - Select Colonoscopy
 - Click the Miralax Prep
 - It will open in a separate window for you to review and print
2. Leave this window open so you can return here after you print and read the prep



Step 5: Schedule the Procedure

- Call (937) 534-7330 to schedule your procedure
- Before you call, make sure you have the following:
 - Insurance Card
 - List of current Medications
 - Medical History (major surgeries/procedures)

